



GET A STECKER - PUT IT ON YOUR HELMET - BIKE IT AND SAVE!  
www.bikebenefits.org

## Charlotte, North Carolina

### Arts/Crafts & Galleries

Advent Coworking \$10 off monthly membership-ride your bike at least 5 times/month OR  
\$25 off monthly membership if you ride everytime that month

### Bakeries

Burney's Sweets & More Buy a drink & filled croissant, get a mini free  
Dunkin Donuts Buy a donut, get 1 free & \$1.40 sm. coffee  
Le Macaron French Pastries Free 12oz ice coffee with any purchase  
Local Loaf: Bakery & Restaurant 10% off  
Nothing Bundt Cakes Buy 1 & get 1 free bunlet  
Your Mom's Donuts 10% off

### Bars & Breweries

1st Ward Beverage Co. \$1 off 3 draft lines and \$1 off wine pours  
8.2.0 10% off  
Abari Game Bar \$1 off local drafts  
Argon Video Bar and Lounge \$5 off cover  
Armored Cow Brewing 50% off of non-alcoholic beverages & 20% off merchandise  
Belfast Mill 10% off  
Birdsong Brewing Co. \$5 merchandise valued at \$20 or more, complimentary non-alcoholic beverage  
Blue Blazing Brewing 6.5oz sample (under 7.0% ABV), 6.5oz sample Kombucha, and 10% off merchandise  
Broken Spoke Free distillery tour, 15% off food  
Bulldog Beer & Wine - Park Rd \$1 off all Draft Beer  
Bulldog Beer & Wine - Southend \$1 off drafts  
Catawba Brewing Company 10% off merchandise  
Connolly's On Fifth \$3 Miller/Coor's Light  
Craft Tasting Room and Growler Shop 15% off beer flights  
Crown Station Coffee House & Pub 10% off  
Dilworth Neighborhood Grille 10% off  
Dilworth Tasting Room 20% off Sundays & Tuesdays  
Divine Barrel Free 10oz kombucha  
GoodRoad CiderWorks One (1) free scoop of snacks (\$1 value) or 10% off merchandise; free 6oz pour of fresh pressed apple juice when available  
Greystone Pub \$3.50 drafts  
Hattie's Tap Room and Tavern \$2 Last Chance IPA  
Heist Brewery 10% off food  
Heist Brewery and Barrel Arts 10% off food and non alcohol  
Hop Shop \$1 off the first draft pour and 10% off merchandise  
Legion Brewing - Commonwealth 25% off Food & 50% Non Alcoholic Beverages  
Legion Brewing - Southpark 10% off food; 25%

off N/A Bev  
Lenny Boy Brewing Co. Free 6oz pour of Beer & a 6oz pour of Kombucha  
Lodge 1/2 off appetizers  
Max & Lola Bodega \$1 off anything on draft (wine, beer, Sangrias, and cider)  
Middle James Brewery 10% off food and 20% off apparel  
Moosehead Grill 10% off food, \$1 off draft  
Nefelie's 20% off  
NoDa Company Store \$1 off drafts  
Old Pineville Premium Pub 10% off  
Olde Mecklenburg Brewery 10% off merchandise  
Palmer St Arcade Bar 10% off  
Petra's \$1 off draft  
Pilot Brewing Company 10% off your tab & free Wings Sticker  
Pint Central \$1 off tapas and \$1 off drafts  
Pop the Top Craft Beer Shop \$1 off of a retail item or \$4 kombucha on tap  
Recess Charlotte \$4 pints, \$10 buckets  
Red Clay Ciderworks Receive \$1 Clay Cash with purchase  
Resident Culture Brewing 25% off merchandise; \$1 off drafts  
Salud Cervceria \$1 off drafts  
Snug Harbor 10% off  
Strike City 10% off food, beverage, & bowling  
Sugar Creek Brewing Company 10% off food & merchandise  
Sycamore Brewing 10% off  
Tank's Tap \$4 pints & a free sticker!  
Thirsty Nomad Brewing 10% off merchandise, food, & non-alcoholic drinks  
Tommy's Pub \$2 mystery beer or free soft drink  
Town Brewing Co. 1/2 off pretzels  
Triple C Brewing Company Free Pint Glass  
Unknown Brewing Company 25% merchandise  
VBGB Beer Hall and Garden 10% off  
Wooden Robot Brewery 25% off merchandise

### Bicycle Repair & Sales

Bicycle Sport 10% off clothing, nutrition, & accessories (excl. bikes)  
Bike Gallery 10% off accessories  
Bike Line of Charlotte 10% off any regularly priced accessories, parts and clothing & 5% off all regularly priced bicycles  
Bike Van \$10 off a Basic or Deluxe Tune up  
BikeSource 10% off everything (except bikes & frames), 5% off Strollers  
Charlotte Cycles \$10 off any tune & 10% off any parts and accessories  
Hot Box Powder Coating 25% discount on bicycle powder coating frames & forks using the RAL color palette. Typical cost is \$180. 25% off is a savings of \$45.  
NC Velo \$10 off tune-up, 10% off select apparel/accessories (excludes bikes & components)  
Queen City Bicycles 10% off all parts, accessories & clothing  
Queen City Bicycles - Uptown Express Mart 10% off all parts, accessories, & clothing  
Spoke Easy by Simplecraft 10% off Apparel, Accessories & Labor  
Trek Bicycle Store of Charlotte - South 10% off all regular priced accessories, clothing & nutrition (excludes bikes, wheels and Garmin)  
Trips for Kids Charlotte 10% off all safety equipment including lights & reflective gear  
Ultimate Bicycle 10% off accessories

Uptown Cycles 10% off apparel & accessories (excluding computers)

### Cafes & Coffeeshops

BoCo Coffee Roasters Free coffee  
Camille's Sidewalk Cafe Free drink with meal purchase  
Cast Iron Waffles - Ballantyne 10% off  
Crema Espresso Cafe and Bar 10% off  
CupLux Coffee Drive-Thru 15% off Drinks & Bites!  
Enderly Coffee Co. 25% off your drink!  
Hex Coffee 20% off  
Mugs Coffee 10% off  
Not Just Coffee - 7th St Public Market 10% off  
Not Just Coffee - Atherton Mill 10% off  
Not Just Coffee - Packard Place 10% off  
Queen City Grounds 10% off food & drinks  
Smelly Cat Coffee House 10% off Drip Coffee  
The Hobbyist Free drip coffee with purchase of a pastry  
Toucan Louie's - Rozzelles Ferry 15% off  
Trade and Lore - Belmont 10% off

### Food & Restaurants

Bang Bang Burgers - Elizabeth Free drink (non alcoholic) with meal purchase  
Bang Bang Burgers - South End Free drink (non-alcoholic) with meal purchase  
Bistro La Bon 1/2 Off 1st Beer (bottle or draft)  
Bonsai Fusion Sushi 10% off food or free miso  
Brixx Wood Fired Pizza - Blakeney Buy one get one free pizza  
Brixx Wood Fired Pizza - Dilworth Buy-one, get-one-free pizza - lunch or dinner  
Brixx Wood Fired Pizza - Foxcroft Buy-one, get-one-free pizza - lunch or dinner  
Coaltrane's Char Grill - Plaza Midwood 10% off  
Comet Grill \$1 off meal or appetizer (excluding shrimp) & \$1 off draft beers (excluding Yuengling)  
Dandelion Market 10% off food  
Deejai Thai Noodle Bar Noda 10% off  
Deli St 15% off Tues (excludes alcohol), 10% off all other days (excludes alcohol)  
Diamond Restaurant Free fountain drink or iced tea with food purchase  
EMZY Sushi Bar. Asian Kitchen \$2 domestic bottles  
Eastside Local Eatery Free brewed coffee or tea  
Flying Biscuit Cafe (Park Road Shopping Center) 10% off food  
Fran's Filling Station \$2 off Drafts  
French Quarter Restaurant 10% off food & all drafts \$3.50  
Get Fit Foods - Park Rd 10% off  
Get Fit Foods - Plaza Midwood 10% off  
JJ's Red Hots - Dilworth Free side when you ride  
JJ's Red Hots - Uptown Free side when you ride  
Juice Box 15% off  
Krazy Fish 10% off  
Letty's 10% off food  
Lincoln's Haberdashery Free Coffee with pastry purchase  
Lucky Lou's Tavern 10% off food  
Luna's Living Kitchen 5% off  
Lupie's Cafe - Charlotte Free beer or soft drink with meal  
Mac's Speed Shop - South Blvd 10% off food  
Mellow Mushroom - Ballantyne 20% off food

Mellow Mushroom - Uptown 20% off food  
One Life Raw Juice Bar 10% off  
Orrman's Cheese Shop 10% off  
Pasta & Provisions - Park Rd 15% off hot food  
Pasta & Provisions - Wilmore \$1 off Any pound of fresh cut pasta  
Pho at Noda free soft drink w/ meal (appetizers excluded)  
Picante Mexican Grill \$2 Tacos anytime, \$5.95 burrito bowl every Tuesday  
Pinky's Westside Grill 20% off  
Pita Pit 10% off  
Pizza Peel - Cotswold 10% off food  
Pizza Peel - Plaza Midwood 10% off food  
Pizzeria Sapienza CLT 10% off  
Pure Pizza - 7th St 5% off  
Pure Pizza - Central Ave 5% off  
RockSalt 15% off (Not valid in conjunction with any other promotion)  
Sabor Latin Street Grill - Elizabeth 10% off (excluding beer & mixed beverages)  
Sabor Latin Street Grill - NoDa 10% off (excluding beer & mixed beverages)  
Sabor Latin Street Grill - South End 10% off & \$1 tacos on Tuesday  
Sabor Latin Street Grill - South Park 10% off (excluding beer & mixed beverages)  
Sabor Latin Street Grill - Steele Creek 10% off (excluding beer & mixed beverages)  
Sabor Latin Street Grill - Uptown 10% off  
Sal's Pizza Factory 10% off  
Sandwich Max 10% off  
Seoul Food Meat Company Monday & Tuesday: 1/2 off drafts & \$4 well drinks  
Sir Edmond Halley's 10% off food  
Soul Central \$1 off any entree or combo price. Limit 1 discount per visit.  
SouthBound 10% off (food only)  
Sub Station II Free drink with entree purchase  
The Strudel Shop Free ice cream w/Strudel purchase  
Three Amigos Mexican Grill and Cantina - Central Ave 10% off (excluding beer & mixed beverages)  
Tyber Creek Pub 10% off food  
Workman's Friend 10% off food  
Zada Jane's \$3 draft beers & \$8 bottles of wine

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## Grocery & Markets

15th Street Market Buy one Get one free draft 10% off all non-alcoholic beverages and food  
Assorted Table Wine Shoppe 20% off any extra virgin olive oil or balsamic vinegar  
Brawley's Beverage 50% Off all shirts & glasses  
Common Market - Oakwold \$0.50 small iced tea or coffees  
Common Market - Plaza Midwood \$0.50 small iced tea, coffee, or slushie, or \$2 draft (Tuesdays)  
Common Market - Southend \$0.50 small iced tea or coffees  
Earl's Grocery Free cookie with lunch or dinner purchase  
NoDa Bodega Free small chips with sandwich purchase  
Pasta & Provisions \$1 Off Any pound of fresh cut pasta  
Rhino Market & Deli - Morehead 10% off  
Rhino Market & Deli - Uptown 10% off  
Salud Beer Shop \$1 off draft  
Tip Top Daily Market 10% off  
Viva Raw 10% off 3 juices

## Hair Salon

Arcade Mens Room - Demichael \$5 off haircut special  
Bohemian Stylehouse \$5 off appointments with Ian Counts  
Orange Olive Hair Gallery \$5 off your service  
Salon Twelve26 15% off hair services  
Tower Hair Styling \$5 off full haircut service

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## Health and Fitness

Anytime Fitness - Galleria Free bottle of water, 10% off protein bars, energy drinks, \$7 day pass & \$4 class during staffed hours (M-Th 10-7; Fri/Sat 10-2)  
Cycling Savvy CLT Free blinkie  
Dr. Tony Peters (Chiropracter) \$10 off One Hour BodyWork Session  
Inner Peaks Climbing Center - Crown Point \$2 off a day pass (non-members), free lead rope rental, as available  
Inner Peaks Climbing Center - South End \$2 off a day pass (non-members), free lead rope rental, as available  
Novant Health Midtown Family Medicine Free front blinkie light  
Phoenix Moon Acupuncture & Apothecary 10% off treatments (excluding herbs)  
Porch Swing Spa 10% discount  
Vasana Yoga, LLC 10% off select class packages

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## Ice Cream & Sweets

Dairy Queen (Central Ave./Pecan Ave.) \$1 off any small, medium or large Blizzard, Smoothie or Orange Julius  
Golden Cow Creamery - South End Free waffle cone  
Golden Cow Creamery - South Park Free waffle cone  
King of Pops \$1 off - this location only  
Popbar \$1 off each item  
Rita's Italian Ice - University 20% off  
The Secret Chocolatier 10% off  
Tropical Smoothie Cafe 10% off  
Two Scoops Creamery - Plaza Midwood 10% off  
Two Scoops Creamery - Southend 10% off

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## Other

Charlotte Roller Girls \$8 game day tickets at the door  
Codescape \$2 off per game

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## Retail Store

Armada Skate Shop 10% off  
CLTCH 10% off \$15 or more purchase  
ColsenKeane Leather 15% off  
Emoji Kiosk 10% off (Kiosk in front of Sephora)  
GUMBO 10% off 1 item  
Gear Goat XCHG 10% off non sale merchandise  
Great Outdoor Provision Co. \$1 off any purchase greater than \$5  
Greener Apple 10% off all products including used books  
House of Lemond 10% off  
Magnolia Emporium 15% off regularly priced items (In-Stock Only, Not available on consigned, custom ordered, clearance & vendor restricted items)  
Moxie Mercantile 10% off  
Recover Brands 10% off  
Sharon Luggage 10% off one item (some

exclusions apply)

Sharon Luggage at Specialty Shops 10% off one item (some exclusions apply)

Sunglasses of Southpark 10% off (Kiosk in front of Sephora)

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## Services

Be Yoga - Carmel 10% off Classes & Free Mat Rental  
Be Yoga - Dilworth 10% off Classes & Free Mat Rental  
Bike Law (North Carolina) Free frame stickers  
Claudio Ortiz Massage Therapy \$5 off any massage  
Davede Varner - Clinical Massage Therapy \$10 Off  
Dilworth Eye Associates \$20 off Optos (photo)  
ER Electronic Repair 10% off on phone repair, screen repair & watch battery replacement (Kiosk in front of Sephora)  
Fluid Motion Body Work 25% off 1 hour rate  
Inkfinity Printing 10% off inkfinity printing orders  
John Matthews Massage Therapy \$10 off any service  
Law Office of David Demers \$50 off any traffic ticket  
Okra Yoga & Tea Lounge 10% off any regular priced item  
Plaza Midwood Dentistry Free patch kit  
Powderly/Vuchnich CPA PLLC 30mins tax planning consultation & prior return review  
UPS Store (corner of Hawthorne Ln.&7th St.) 5% off shipping, 15% off packaging, 20% off printing

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## Tourist Attraction

Mint Museum - Randolph \$3 off general admission prices  
Mint Museum - Uptown \$3 off general admission prices  
Morehead Inn 20% off picnic (call ahead)